Peace Day 21st Sept 2026

A Message to Me

Keep the peace
This is the hearts appeal.
A sense of the lightest touch,
Not too little, not too much.

In a balance, the inner dance,
Can't lock it in or leave it to chance.
Be aware,
in remembrance,
A way to turn,
An intent your heart yearns.

Look for the peace,
it's everywhere
in everything;
it's all around
just waiting to be found.

Feel the peace,
it's the beauty
in the flowers and trees;
the freshness of a summer breeze.

Hear the peace,
in the sound of the waves upon the shore,
in the stillness
deep within your core.

Touch the peace
in the hand of a child:
smell the nectar
magnificent and mild.

Love to love,
Say no to hatred.
Reject confusion and chaos.
Delete alienation.
Release the voice of a soul sincere
Free to speak without fear of fear.

Decrease the greed,
It's a feast of empty beliefs.
Increase the peace,
It's the golden fleece that gives and gives.
Find meekness,
It leads to a contentment deep
And the silent strength
of a mountain steep.

Keep the peace
where humanity greets.

Keep the peace
where mother and child first meet.

Keep the peace
where saints and angels weep.

Keep the peace
where the joy of life does not cease.